

EDINBORO UNIVERSITY OF PENNSYLVANIA

Minor: Health Studies (1050)

Student: _____ ID: @ _____ Term: _____

The minor in Health Studies provides students with a broad range of experiences in the basic elements of health promotion. Students will take a variety of health content, application, and health behavior theory courses. This minor is an excellent addition for students who are interested in working with people in areas such as wellness education, fitness instruction, and health counseling.

Prerequisites: none

Health Studies Minor Requirements	(21 SH)	
	SH	Grade
<i>Required Courses:</i>	<u>9</u>	
<u>HPE133 - Personal Health I</u>	<u>3</u>	_____
<u>HPE364 - Health Methodology</u>	<u>3</u>	_____
<u>HPE400 - Critical Issues in Health</u>	<u>3</u>	_____
<i>Two of the following courses:</i>	<u>6</u>	
<u>HPE132 - Health/Fitness Promotion</u>	<u>(3)</u>	_____
<u>HPE320 - Consumer Health</u>	<u>(3)</u>	_____
<u>HPE355 - Community Health</u>	<u>(3)</u>	_____
<i>Two of the following courses:</i>	<u>6</u>	
<u>HPE135 - Drugs/Alcohol/Tobacco</u>	<u>(3)</u>	_____
<u>HPE241 – Stress Management</u>	<u>(3)</u>	_____
<u>HPE245 - Human Sexuality</u>	<u>(3)</u>	_____