

# MA in Counseling

Fostering the mental health and well-being of all

The Edinboro University Counseling programs provide courses of study leading to a Master of Arts degree in Counseling with emphases in school counseling, college counseling, clinical mental health counseling and art therapy. Edinboro University is proud to be one of the first universities in the nation to offer a dual Clinical Mental Health Clinical Rehabilitation Counseling and Counseling master's program. Edinboro University has four CACREP accredited Counseling programs including Clinical Mental Health Counseling, Clinical Mental Health Counseling/Clinical Rehabilitation Counseling, Student Affairs and College Counseling, and School Counseling.

Art Therapy is accredited by the Commission on Accreditation of Allied Health Education Programs ([www.caahep.org](http://www.caahep.org)) upon the recommendation of The Accreditation Council for Art Therapy Education (ACATE) and is also accredited by the National Association of School of Art and Design (NASAD) Commission on Accreditation. All Counseling programs are offered completely online.

**Overarching Mission Statement.** The students and faculty of the Counseling Program at Edinboro University are a diverse community of learners who engage in service, leadership, and scholarship. Faculty are committed to providing developmentally sound academic and field experiences to educate counselors in training to be effective practitioners in a pluralistic society. Collectively, our mission is to prepare professional counselors who **embody** ethical and culturally responsive behavior, **enhance** the well-being of families, groups, couples and individuals, and **advocate** on behalf of both the counseling profession and those who are served.

**Online Program Applicants:** It is important that online applicants who are applying to Counseling leading to state licensure in states other than Pennsylvania be aware of the various state professional licensure requirements. Please use this link to check the licensure requirements by state via [careeronestop.org](http://careeronestop.org): [Counseling Requirements by State](#)

## ADMISSION REQUIREMENTS and PROCEDURES

**Applications deadlines are September 15 (Spring) and February 15 (Fall).**

Individuals seeking admission as degree students in this program must comply with the general admission requirements for graduate students at Edinboro University and with the following specific admission requirements for this program:

Visit the Graduate School webpage and click the "Applying to Graduate School" link on the left side of the screen. Begin by creating an account on CollegenET by clicking the "Start Your Application" link on the Apply page.

CollegenET is a self-managed application system. It will allow you to submit admission materials, check the status of your application, and view your decision letter using this account. If you have issues with your CollegenET account, consult the CollegenET help desk by submitting a Help Request Form or email [help@collegenet.com](mailto:help@collegenet.com).

**Individuals seeking admission as degree students in this program must comply with the general admission requirements for graduate students at Edinboro University and with the following specific admission requirements for this program:**

1. Complete the online application and pay the application fee of \$30.
2. Provide the name, email address, and place of employment for three (3) professional references (electronic reference requests will be emailed to each). These individuals should be able to describe your interpersonal skills, ethical judgment, and professional potential for counseling.
3. Provide an official transcript verifying an earned baccalaureate degree from a regionally accredited institution of higher education. If you have completed graduate work, please include an official transcript of all previous graduate work.
4. Complete an APA formatted writing sample of 500-750 words, with a minimum of two (2) references and citations answering the following:
  - a. Why do you want to study counseling/art therapy at Edinboro University?
  - b. What are the personal and professional experiences that have led you to choose a career in counseling/art therapy?
  - c. In your research, what have you learned about counseling/art therapy concentration?

### **Additional Requirements for Admission to the Art Therapy Concentration:**

1. A link to an online portfolio (ex. flickr, dropbox, snapfish) of 20 images of applicant's art demonstrating variety of 2 and 3-D pieces.
2. Psychology Credits: (12) graduate or undergraduate credits Psychology, including a course in Abnormal Psychology/psychopathology and a course in Developmental Psychology.
3. Studio Art credits: (18) graduate or undergraduate credits in 2 and 3-D studio art areas. Six credits can be done as portfolio approval.
4. No more than 2 outstanding prerequisites (6 credits) may be outstanding at the time of application. Six credits can be taken in the first year of the program but must be finished before candidacy.

An individual admission interview with at least two faculty members is a requirement of the admission process. Interviews are completed on Mondays following the application deadline. The Program Head will contact the applicants after the fall or spring admission deadline to set up interviews. Interviews are conducted using Zoom online and will last 45 minutes. Art Therapy interviews are conducted with at least two faculty members using Zoom online and last 30 minutes. The Program Director for Art Therapy will contact the selected applicants after the fall or spring admission deadline to set up interviews.

There are three different admissions outcomes: Acceptance, Waitlist, and Denial. Students who are accepted into a CACREP accredited program have twenty days from the date of admission to confirm or deny their acceptance. Students who are placed on the waiting list will be ranked and will receive notification as soon as a space is made available in the program.

Students who are admitted will be assigned a faculty advisor scheduled to attend a mandatory New Student Orientation Session (multimodal or online and in person options).

## **SCHOOL COUNSELING CURRICULUM**

**60 Credit Hours**

### **Core Courses**

COUN 705 Group Processes  
 COUN 707 Ethical and Legal Issues in Counseling  
 COUN 710 Appraisal Techniques in the Helping Professions  
 COUN 712 Human Development across the Lifespan  
 COUN 715 Career Development and Life Planning  
 COUN 720 Counseling and Consultation Theories

COUN 730 Supervised Counseling Practice  
 COUN 745 Multicultural Counseling  
 COUN 791 Addictions Counseling  
 COUN 794 Research and Program Evaluation  
 COUN 797 Crisis and Trauma Counseling

**33 Credit Hours**

### **School Counseling Specialized Courses**

COUN 700 Introduction to the Helping Professions  
 COUN 740 Individual Development: Childhood through Adolescence

COUN 742 Developmental Counseling in Schools  
 COUN 744 Techniques for Counseling the Student with a Disability

**12 Credit Hours**

### **School Counseling Electives**

**6 Credit Hours**

### **School Counseling Fieldwork Courses**

COUN 735 Counseling Practicum  
 COUN 795 Internship in Counseling\*

**9 Credit Hours**

## **COLLEGE COUNSELING CURRICULUM**

**60 Credit Hours**

### **Core Courses**

**33 Credit Hours**

COUN 705 Group Processes  
 COUN 707 Ethical and Legal Issues in Counseling  
 COUN 710 Appraisal Techniques in the Helping Professions  
 COUN 712 Human Development Across the Lifespan  
 COUN 715 Career Development and Life Planning  
 COUN 720 Counseling and Consultation Theories

COUN 730 Supervised Counseling Practice  
 COUN 745 Multicultural Counseling  
 COUN 791 Addictions Counseling  
 COUN 794 Research and Program Evaluation  
 COUN 797 Crisis and Trauma Counseling

### **College Counseling Specialized Courses**

**12 Credit Hours**

COUN 700 Introduction to the Helping Professions  
 COUN 750 College Student Development  
 COUN 753 Student Affairs Practice and Administration

COUN 755 Psychopathology and Intervention **OR**  
 COUN 756 Counseling the College Student

### **College Counseling Electives**

**3 Credit Hours**

### **College Counseling Fieldwork Courses**

**9 Credit Hours**

COUN 735 Counseling Practicum  
 COUN 795 Internship in Counseling\*

## **CLINICAL REHABILITATION COUNSELING & CLINICAL MENTAL HEALTH CURRICULUM**

**63 Credit Hours**

### **Core Courses**

**33 Credit Hours**

COUN 705 Group Processes  
 COUN 707 Ethical and Legal Issues in Counseling  
 COUN 710 Appraisal Techniques in the Helping Professions  
 COUN 712 Human Development Across the Lifespan  
 COUN 715 Career Development and Life Planning  
 COUN 720 Counseling and Consultation Theories

COUN 730 Supervised Counseling Practice  
 COUN 745 Multicultural Counseling  
 COUN 791 Addictions Counseling  
 COUN 794 Research and Program Evaluation  
 COUN 797 Crisis and Trauma Counseling

<b>Clinical Rehabilitation and Clinical Mental Health Counseling Specialized Courses</b>	<b>21 Credit Hours</b>
COUN 702 Introduction to Rehabilitation Counseling	COUN 782 Vocational Development in Rehabilitation
COUN 754 Family Counseling	COUN 784 Psychosocial Aspects of Disabilities
COUN 755 Psychopathology and Intervention	COUN 788 Case Management
COUN 780 Medical Information for the Helping Professions	

<b>Clinical Rehabilitation and Clinical Mental Health Counseling Fieldwork Courses</b>	<b>9 Credit Hours</b>
COUN 735 Counseling Practicum	
COUN 795 Internship in Counseling*	

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<b>CLINICAL MENTAL HEALTH CURRICULUM</b>	<b>60 Credit Hours</b>
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<b>Core Courses</b>	<b>33 Credit Hours</b>
COUN 705 Group Processes	COUN 730 Supervised Counseling Practice
COUN 707 Ethical and Legal Issues in Counseling	COUN 745 Multicultural Counseling
COUN 710 Appraisal Techniques in the Helping Professions	COUN 791 Addictions Counseling
COUN 712 Human Development Across the Lifespan	COUN 794 Research and Program Evaluation
COUN 715 Career Development and Life Planning	COUN 797 Crisis and Trauma Counseling
COUN 720 Counseling and Consultation Theories	

<b>Clinical Mental Health Counseling Specialized Courses</b>	<b>12 Credit Hours</b>
COUN 704 Clinical Mental Health Counseling	COUN 755 Psychopathology and Intervention
COUN 754 Family Counseling	COUN 757 Child and Adolescent Counseling

<b>Clinical Mental Health Counseling Electives</b>	<b>6 Credit Hours</b>
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<b>Clinical Mental Health Counseling Fieldwork Courses</b>	<b>9 Credit Hours</b>
COUN 735 Counseling Practicum	
COUN 795 Internship in Counseling*	

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<b>ART THERAPY CURRICULUM</b>	<b>63 Credit Hours</b>
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<b>Art Therapy Core Courses</b>	<b>27 Credit Hours</b>
COUN 710 Appraisal Techniques in the Helping Professions	COUN 745 Multicultural Counseling
COUN 712 Human Development across the Lifespan	COUN 755 Psychopathology and Interventions
COUN 715 Career Development and Life Planning	COUN 791 Addictions Counseling
COUN 720 Counseling and Consultation Theories	COUN 797 Crisis and Trauma Counseling
COUN 730 Supervised Counseling Practice	

<b>Art Therapy Specialized Courses</b>	<b>21 Credit Hours</b>
ARTT 710 History and Theory of Art Therapy	ARTT 740 Professional Functioning, Standards, and Ethics in Art Therapy
ARTT 720 Media and Materials in Art Therapy	ARTT 790 Introduction to Art Therapy Research
ARTT 730 Art Therapy Practice and Assessment	ARTT 791 Advanced Research Project in Art Therapy
ARTT 735 Clinical and Group Art Therapy	

<b>Art Therapy Electives (2 credits each)</b>	<b>6 Credit Hours</b>
ARTT 750 Current Trends in Art Therapy	ARTT 753 Clinical Art Therapy Approaches
ARTT 751 Trauma Informed Art Therapy	ARTT 754 Digital Media in Art Therapy
ARTT 752 Metaphor and Creativity in Art Therapy	ARTT 760 International Art Therapy

<b>Art Therapy Fieldwork Courses</b>	<b>9 Credit Hours</b>
COUN 735 Counseling Practicum	
COUN 795 Internship in Counseling	

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## DEGREE REQUIREMENTS

**Candidacy-** Because of the nature of the role of the professional counselor, degree candidates of the programs must demonstrate such qualities as genuineness, warmth, empathy, ethics, professionalism, and interpersonal skills. Students will be evaluated on Knowledge, Skills and Dispositions necessary for professionals at various transition points through the program. Candidacy is the first point where these qualities will be formally evaluated. Both the individual student and faculty will have input into this evaluation. Review of the Application for Admission to Candidacy is seen as very important and this review will include interpersonal skills as well as academic progress. The advisor presents the candidacy application for program staff recommendation. A degree student may not be admitted to Candidacy until (1) at least 12 semester hours of degree credit have been completed, (2) an Application for Admission to Candidacy has been filed with the advisor, and (3) the student has made satisfactory progress in her or his degree program (minimum of a 3.0 QPA).

**Comprehensive Exams-** The student must satisfactorily complete a comprehensive examination. Specific requirements for the comprehensive exams are outlined in the Counseling Advisement Guide, which will be made available to each student.

**Art Therapy Comprehensive Exam –** Students in the art therapy concentration and Post-Master’s certification must satisfactorily complete the art therapy comprehensive examination. Specific requirements for the exam is outlined in the Counseling Advisement Guide, which will be made available to each student upon admission.

**Culminating Project-** A Master’s Project or Thesis is required for graduation. Additional information concerning this requirement can be found in the Counseling Advisement Guide.

**Internship-** All degree seeking students must complete an internship. All students must have completed all core required courses in the area of specialty unless otherwise approved by the advisor and instructor. Generally speaking, the internship hours must be completed within the time frame of the 15 week semester. Thus, the interns would be on-site 40 hours per week (15 x 40=600). The student must make the necessary plans and arrangements in order to complete an internship. The Internship Manual contains more information regarding the internship experience. NOTE: Graduate assistantships are NOT available during internship. NOTE: Students may opt to divide the internship over two semesters. Students should discuss this option with their advisors. Additional information on 300 hours internships can be found in the Internship Manual.

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**For More Information:** If you have questions about the application process, please contact Edinboro University's School of Graduate Studies at [gradstudies@edinboro.edu](mailto:gradstudies@edinboro.edu) or at (814)732-2856 or toll-free (888) 845-2890.

For questions specific to the MA in Counseling, please contact Dr. Adrienne Dixon at (814) 732-1932 or [amdixon@edinboro.edu](mailto:amdixon@edinboro.edu).

For questions specific to the MA in Counseling – Art Therapy please contact Dr. Carolyn Treadon at (814) 732-1104 ([ctreadon@edinboro.edu](mailto:ctreadon@edinboro.edu)).

**Office for Accessibility Services:** For information or assistance regarding services, activities and facilities that are accessible to and usable by persons with a disability, contact the Office for Accessibility Services (OAS), at (814) 732-2462. For additional information, visit the OAS web page.

**Graduate Assistantships:** Graduate Assistantships are available for campus based students only, and are awarded on a competitive basis. Admission applications must be completed by February 15th to be considered for an assistantship. Assistantships provide a partial waiver of tuition and a stipend, as well as an opportunity to gain experience in research and professional activities. Please call the School of Graduate Studies (814) 732-2856 for more information.

**Financial Aid Considerations:** An academic year consists of fall, spring, and summer. Graduate students taking graduate level courses may receive up to \$20,500 in the Direct Unsubsidized Stafford Loan Program. Most students will use their Stafford loans during the 9 month period (fall and spring). Students will want to be mindful of their financial aid to allow for funding for 12 months if planning on enrolling during the summer term. Students will have an option to apply for Graduate Plus loan or private loans if other funding has been exhausted. For more specific information, please contact the Financial Aid Office at (888) 611-2680 or [finaid@edinboro.edu](mailto:finaid@edinboro.edu).

**Employer Reimbursement:** Non-traditional students who are working and taking classes on a part-time basis may have employer-paid education benefits. The purpose of the employer tuition reimbursement agreement is to allow employees who receive reimbursement to defer payment of their tuition and fees until after grades are available at the end of the semester. Edinboro University accepts employer benefit plans through arrangements with the Bursar's Office by completing the enclosed employer tuition reimbursement agreement.

**Veterans' Education Benefits:** Information and printable forms regarding Veterans' Education Benefits and the Montgomery GI Bill are available at the Department of Veterans Affairs website, <http://www.gibill.va.gov/>. After the Department of Veterans Affairs approves a student's eligibility, and after the school certifies the student's enrollment, benefits are paid directly to the student after the end of each month.

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Edinboro University of Pennsylvania is an equal opportunity education institution and employer and will not discriminate on the basis of race, color, national origin, sex, and disability in its activities, programs or employment practices as required by Title VI, Title VII, Title IX, Section 504, and the ADA. For information regarding civil rights or grievance procedures, contact the Office of Human Resources and Faculty Relations, (814) 732-2703 or the Office of Social Equity (814) 732-2167, Reeder Hall, 219 Meadville Street, Edinboro, PA 16444.