

MA in Counseling – Art Therapy

Engage the creative power of art for clinical assessment and treatment.

In September 2018, the Commission on Accreditation of Allied Health Education Programs, the largest programmatic accreditor of health science professions in the U.S., granted Edinboro's Master of Arts in Counseling – Art Therapy the nation's first standard-compliant accreditation from the Accreditation Council for Art Therapy Education.

The Art Therapy program is dedicated to achieving excellence in counseling, art therapy education, research, clinical and community service while fostering the highest ethical standards. The program integrates both counseling and visual arts practice, engaging the creative power of art for clinical assessment and treatment. In particular, we promote (1) scholarly research abilities and evidence-based clinical practice, (2) cross-cultural competency, and (3) technologies of media art.

Overarching Mission Statement. The students and faculty of the Counseling Programs at Edinboro University of Pennsylvania are a diverse community of learners collaboratively engaged in research, scholarship, leadership and service. Faculty are committed to providing developmentally sound academic and clinical experiences to educate counselors to be effective leader-practitioners in a pluralistic society. Collectively, our mission is to prepare professional counselors who embody ethical behavior, provide services to enhance the mental health and well-being of families, groups, couples, and individuals, and advocate on behalf of both the counseling profession and those who are served. Programmatically, the mission of the art therapy concentration is to empower the artist and clinician within the art therapist through an accessible, inter-personal educational experience designed to meet the diverse needs of an evolving student population.

ADMISSION REQUIREMENTS and PROCEDURES

Visit the Graduate School webpage and click the "Apply" link on the left side of the screen. Begin by creating an account on CollegeNET by clicking the "account" link on the Apply page.

CollegeNET is a self-managed application system. It will allow you to submit admission materials, check the status of your application, and view your decision letter using this account. If you have issues with your CollegeNET account, consult the CollegeNET help desk by submitting a Help Request Form or email help@collegenet.com.

Individuals seeking admission as degree students in this program must comply with the general admission requirements for graduate students at Edinboro University and with the following specific admission requirements for this program:

1. Complete the online application. And pay the application fee of \$30.
2. Provide an official transcript verifying an earned baccalaureate degree from a regionally accredited institution of higher education. Include all transcripts of courses taken outside of the degree that contain prerequisite courses.
3. Provide the name, email address, and place of employment for three (3) references (electronic reference requests will be emailed to each)
4. Complete an APA formatted writing sample of 500 – 750 words, with a minimum of two (2) references and citations answering the following:
 - a. Why do you want to study counseling/art therapy at Edinboro University?
 - b. What are the personal and professional experiences that have led you to choose a career in art therapy/counseling?
 - c. In your research, what have you learned about the profession of art therapy counseling?
5. A link to an online portfolio (ex. flickr, dropbox, snapfish) of 20 images of applicant's art demonstrating a variety of 2- and 3-D pieces.
6. Prerequisites*:
 - a. Psychology Credits: (12) graduate or undergraduate credits, including Abnormal Psychology or Psychopathology and Developmental Psychology. Twelve credits must be taken before candidacy.
 - b. Studio Art credits: (18) graduate or undergraduate credits in 2 and 3-D studio art areas Up to six credits can be done as portfolio approval.

***Applicants with more than two outstanding prerequisites will not be considered for admission. Current enrollment in courses will be considered.**

7. An interview is a requirement of the admission process for the Counseling programs. Once your application is complete, it will be sent to the Program Head for review. If selected for an interview, the Program Head will be in contact with you. Interviews are scheduled for 30 minutes and are conducted using Zoom.

For full consideration, a completed application for a summer or fall semester start must be received by February 15th; late applications will be considered on a space available basis until April 1st. Spring semester application must be received by October 15th; late applications will be considered on a space available basis until November 15th.

CURRICULUM

63 semester hours of prescribed graduate credit is required as a partial requirement for the degree. **These required graduate credits should be earned as follows:**

Core Courses 36 Credit Hours

COUN 710	Appraisal Techniques in the Helping Professions
COUN 712	Human Development across the Lifespan
COUN 715	Career Development and Life Planning
COUN 720	Counseling and Consultation Theories
COUN 730	Supervised Counseling Practice
COUN 735	Counseling Practicum
COUN 745	Multicultural Counseling
COUN 755	Psychopathology and Interventions
COUN 791	Addictions Counseling
COUN 797	Crisis and Trauma Counseling
COUN 795	Internship in Counseling

Required Art Therapy Courses 21 Credit Hours

ARTT 710	History and Theory of Art Therapy
ARTT 720	Media and Materials in Art Therapy
ARTT 730	Art Therapy Practice and Assessment
ARTT 735	Clinical and Group Art Therapy
ARTT 740	Professional Functioning, Standards, and Ethics in Art Therapy
ARTT 790	Introduction to Art Therapy Research
ARTT 791	Advanced Research Project in Art Therapy

Art Therapy Electives (2 credits each – must take 6 credits)

ARTT 750	Current Trends in Art Therapy
ARTT 751	Trauma Informed Art Therapy
ARTT 752	Metaphor and Creativity in Art Therapy
ARTT 753	Clinical Art Therapy Approaches
ARTT 754	Digital Media in Art Therapy
ARTT 760	International Art Therapy


DEGREE REQUIREMENTS

Candidacy- Due to the nature of the role of the professional counselor, degree candidates of the programs must demonstrate such qualities as genuineness, warmth, empathy, ethics, professionalism, and interpersonal skills. Students will be evaluated on Knowledge, Skills and Dispositions necessary for professionals at various transition points through the program. Candidacy is the first point where these qualities will be formally evaluated. Both the individual student and faculty will have input into this evaluation. Review of the Application for Admission to Candidacy is seen as very important and this review will include interpersonal skills as well as academic progress. The advisor presents the candidacy application for program staff recommendation. A degree student may not be admitted to Candidacy until (1) at least 12 semester hours of degree credit have been completed, (2) an Application for Admission to Candidacy has been filed with the advisor, and (3) the student has made satisfactory progress in her or his degree program (minimum of a 3.0 QPA).

Comprehensive Exams- The student must satisfactorily complete a comprehensive examination. Specific requirements for the comprehensive exams are outlined in the Counseling Advisement Guide, which will be made available to each student.

Culminating Project- A Master's Project or Thesis is required for graduation. Additional information concerning this requirement can be found in the Counseling Advisement Guide.

Internship- All degree seeking students must complete an internship. All students must have completed all core required courses in the area of specialty unless otherwise approved by the advisor and instructor. Generally speaking, the internship hours must be completed within the time frame of the 15 week semester. Thus, the interns would be on-site 40 hours per week (15 x 40=600). The student must



make the necessary plans and arrangements in order to complete an internship. The Internship Manual contains more information regarding the internship experience. **NOTE:** Graduate assistantships are NOT available during internship.

NOTE: Students may opt to divide the internship over two semesters. Students should discuss this option with their advisors. Additional information on 300 hours internships can be found in the Internship Manual.

For More Information: If you have questions about the application process, please contact Edinboro University's School of Graduate Studies at gradstudies@edinboro.edu or at (814)732-2856 or toll-free (888) 845-2890. For questions specific to the MA in Counseling – Art Therapy please contact Dr. Carolyn Treadon at (814) 732-1104 (ctreadon@edinboro.edu).

Office for Accessibility Services: For information or assistance regarding services, activities and facilities that are accessible to and usable by persons with a disability, contact the Office for Accessibility Services (OAS), at (814) 732-2462. For additional information, visit the OAS web page.

Graduate Assistantships: Graduate Assistantships are competitive, and available for campus based students only. Applications must be completed by February 15th to be considered for an assistantship. Additional information about assistantships is available through the School of Graduate Studies, (814) 732-2856 or toll-free (888) 845-2890.

Financial Aid Considerations: An academic year consists of fall, spring, and summer. Graduate students taking graduate level courses may receive up to \$20,500 in the Direct Unsubsidized Stafford Loan Program. Students will want to be mindful of their financial aid to allow for funding for 12 months if planning on enrolling during the summer term. For more specific information, please contact the Financial Aid Office at (888) 611-2680 or finaid@edinboro.edu.

Employer Reimbursement: Edinboro University accepts employer benefit plans through arrangements with the Student Accounts Office.

Veterans' Education Benefits: Information and printable forms regarding Veterans' Education Benefits and the Montgomery GI Bill are available at the Department of Veterans Affairs website, <http://www.gibill.va.gov/>.

