

# EDINBORO UNIVERSITY OF PENNSYLVANIA

## Minor: Athletic Coaching (1029)

Student: \_\_\_\_\_ ID: @ \_\_\_\_\_ Term: \_\_\_\_\_

The Athletic Coaching minor prepares students to be successful in all levels of coaching, from volunteer coaching of recreational sports to paid coaching at the intercollegiate level. Students will take courses in coaching methods, history of sports, team sports pedagogy, athletic injuries, and current coaching strategies, among others. The minor is an excellent addition for students looking to coach at any level of sport or related activity.

Prerequisites: none

<b>Athletic Coaching Minor Requirements</b>	<b>(21 SH)</b>
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	<b>SH</b>	<b>Grade</b>
<u>HPE222 – Principles of Fitness Instruction</u>	<u>3</u>	<u>          </u>
<u>HPE270 – Sports Nutrition</u>	<u>3</u>	<u>          </u>
<u>HPE310 – Care/Prevent. of Athl Injuries</u>	<u>3</u>	<u>          </u>
<u>HPE323 – Socio-Cult. Found. of Sport</u>	<u>3</u>	<u>          </u>
<u>HPE350 – Exercise Physiology I</u>	<u>3</u>	<u>          </u>
<u>HPE428 – Coaching Techniques</u>	<u>3</u>	<u>          </u>
<u>Choose One: HPE220, HPE225, HPE230</u>	<u>3</u>	<u>          </u>