

**EDINBORO UNIVERSITY OF PENNSYLVANIA**  
**CURRICULUM REQUIREMENTS**  
 Bachelor of Science  
**Major: Health & Wellness Studies (0306)**

Student: \_\_\_\_\_

ID#: @ \_\_\_\_\_

Term: \_\_\_\_\_

**I. GENERAL EDUCATION (42 SH)**

		SH	Grade	Date
<b>A. Skills (12 SH)</b>				
ENGL101	College Writing Skills	3	_____	_____
ENGL102	Writ/Research Skills	3	_____	_____
MATH104	Finite Math or higher	3	_____	_____
HPE384	Tech Integration HPE	3	_____	_____

**B. Core (21 SH)**

1	<b>Artistic Expression</b>	(3 SH)	_____	_____
2	<b>World Civilizations</b>	(3 SH)	_____	_____
3	<b>American Civilizations</b>	(3 SH)	_____	_____
4	<b>Human Behavior</b>	(3 SH)	_____	_____
	PSYC101 Intro to Psychology	3	_____	_____
5	<b>Cult Div. &amp; Social Plur</b>	(3 SH)	_____	_____
6	<b>Ethics</b>	(3 SH)	_____	_____
7	<b>Natural Science</b>	(3 SH)	_____	_____

**C. Distribution (9 SH)**

1	<b>Humanities &amp; Fine Arts</b>	(3 SH)	_____	_____
	COMM107 Public Speaking	3	_____	_____
2	<b>Soc &amp; Behav Sciences</b>	(3 SH)	_____	_____
3	<b>Science &amp; Math</b>	(3 SH)	_____	_____

**II. REQUIRED CORE COURSES (21 SH)**

		SH	Grade	Date
HPE265	Health Emergencies	3	_____	_____
HPE311	Planning & Eval in HPE	3	_____	_____
HPE384	Tech Integration HPE	*	_____	_____
HPE406	Worksite Field Experience	3	_____	_____
HPE496	Internship in HPE	12	_____	_____

**III. MAJOR COURSES (39 SH)**

		SH	Grade	Date
HPE132	Health & Fitness Promo in Workplace	3	_____	_____
HPE133	Personal Health	3	_____	_____
HPE135	Drugs/Alcohol/Tobacco	3	_____	_____
HPE222	Principles of Fitness Instr.	3	_____	_____
HPE241	Stress Management	3	_____	_____
HPE245	Human Sexuality	3	_____	_____
HPE249	Weight Management	3	_____	_____
HPE300	Applied Anat & Phys in HPE	3	_____	_____
HPE301	Applied Anat & Phys II in HPE	3	_____	_____
HPE320	Consumer Health	3	_____	_____
HPE364	Health Methodology	3	_____	_____
HPE400	Critical Issues in Health	3	_____	_____
PR360	Writing for Public Relations	3	_____	_____

**IV. FREE ELECTIVES (18 SH)**

		SH	Grade	Date
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____
_____		_____	_____	_____

**THIS IS NOT AN OFFICIAL TRANSCRIPT OF RECORD.**

**TOTAL (120 SH)**

**Note:** At least 42 semester hours must consist of advanced coursework.

\*A grade of "C" or better is required for all required Core Courses and required Concentration Courses.

(Revised: March 2018; Approved: June 2019)

(Effective: Fall 2019)